



SRI SIDDHARTHA ACADEMY OF HIGHER EDUCATION, TUMKUR
(Deemed to be University u/s 3 of the UGC Act, 1956)

National Service Scheme
International Yoga Day celebration
21-06-2019

A Report

NSS Unit of SSAHE celebrated International Yoga day on 21-06-2019 in association with District Administration, Sri Patanjali Yoga Shikshana samiti, Brahmakumari Eshwari Vidyalaya, Nehru Yuva Kendra, Dept of AYUSH and NCC unit at MG Stadium ,Tumkur. Nearly 800 NSS Volunteers,NCC Cadets, students, public, staff members participated in this event by performing yogasanas, pranayama under the guidance of yoga expert Sri Thyagaraju followed by meditation conducted by Brahmakumari Eshwari Vidyalaya for one hour. Yoga expert Sri Thyagaraju administered the pledge on yoga and delivered a talk on the benefits of practicing Yoga. Tumkur city MLA, Deputy Commissioner, CEO of Zilla Panchayath, Police officers, Govt Officers, Dr.M.Z Kurian, Registrar, Sri Siddhartha Academy of Higher Education, Dr M.K.Veeraiah, Principal, Sri Siddhartha Institute of Technology, Tumkur, Dr.M.Siddappa Dean (Academics), Dr B.S.Ravikiran NSS Prog Coordinator, SSAHE, Sri S.H.Jeevith NSS officer, SSIT, Dr H.V.Jayaprakash, NCC officer, SSIT were present on this occasion.

Photo Gallery



