

SRI SIDDHARTHA ACADEMY OF HIGHER EDUCATION, TUMKUR

National Service Scheme

Observation of International Yoga Day

21-06-2018

Report

International Yoga day was observed on 21-06-2018 in association with District Administration, Sri Patanjali Yoga Shikshana samiti, Brahmakumari Eshwari Vidyalaya, Nehru Yuva Kendra and NCC unit at MG Stadium ,Tumkur. Nearly 400 Students, public, Staff members participated in this event by performing yoganasananas, pranayama under the guidance of yoga expert Sri Thygaraju followed by meditation conducted by Brahmakumari Eshwari Vidyalaya for one hour. Yoga expert Sri Thygaraju delivered a talk on the benefits of practicing Yoga. Tumkur city MLA, Police officers, Govt Officers, Dr.M.Z Kurian, Registrar, Sri Siddhartha Academy of Higher Education, Dr M.K.Veeraiah, Principal, Sri Siddhartha Institute of Technology, Tumkur, Dr.M.Siddappa Dean (Academics), Dr B.S.Ravikiran NSS Prog Coordinator, SSAHE, Sri S.H.Jeevith NSS officer, SSIT, Dr H.V.Jayaprakash, NCC officer, SSIT were present on this occasion.

Photo Gallery



